

January 2018

Anthesis

Country Café

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 NEW YEARS HOLIDAY (Closed)	2 Tuna & Egg Sub, Chips & Fruit	3 Teriyaki Chicken & Fried Rice	4 Nacho & Taco Chips w/ Salad Bar	5 Cheese Burger & Fries	6
7	8 Soft Tacos, Tortilla Chips & Fruit	9 Polish Dogs w/Peppers & Onions & Chips	10 Chicken Taquitos w/ Rice and Black Beans	11 Deli Meats w/Salad Bar & Soup	12 Barbeque Chicken w/ Potatoes Salad & Fruit	13
14	15 MARTIN LUTHER KING HOLIDAY (Closed)	16 Ham & Egg Salad Sub and Chips	17 Meatloaf w/Mashed Potatoes & Salad	18 Shredded Chicken, Salad Bar & Soup	19 Chicken Broccoli Alfredo w/ Salad Roll	
21	22 Chicken Fajitas w/ Rice & Chips	23 Italian Sausage over Fettucine w/Salad	24 Albondigas Soup w/ Rice, Corn & Tortillas	25 Baked Potato & Fruit Bar	26 Bacon Mac & Cheese w/ Salad & Corn Bread	27
28	29 Green Wet Burritos w/ Rice	30 Pastrami Melt Sub w/ Chips	31 Sheppard's Pie w/ Salad Roll	1 Soup & Salad w/ Fruit Bar	2 Chili Cheese Dogs w/ Fries	3

4650 Brooks Street, Montclair, CA 91763
 (909) 624-3555, Ext. 247
 Hours: Monday - Friday
 Breakfast: 7:00am to 10:30am
 Lunch: 11:45am to 1:00pm

Salads are available daily:
 Pre-order by 10:30am to avoid delay.
 Salad orders are subject to produce
 & provisions on hand. Hard boiled eggs
 require a 40 minute pre-order.

Menus are posted online at www.anthesis.us and at Anthesis on program bulletin boards, cafeteria bulletin boards and with all job coaches.