



March



Anthesis

2018

Country Café

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	26	27	28	1 Baked Potato & Fruit Bar	2 Cheese Burger & Fries	3
4	5 Green Wet Burritos & Rice	6 Pastrami & Ham Melt Sub & Chips	7 Cheese Enchiladas & Black Beans	8 Chef Salad & Soup Bar	9 Spaghetti, Small Salad & Roll	10
11	12 Chile Relleno Casserole & Small Salad	13 Chicken Salad Croissants, Chips & Fruit	14 Chicken Tostada & Salad	15 Spinach Salad & Soup Bar	16 Chili Cheese Dogs, Fries & Fruit	17 Happy St. Patrick's Day
18	19 Sloppy Joes, Coleslaw & Chips	20 Turkey Melt, Pasta Salad & Chips	21 Chicken Fajitas, Rice & Corn Tortillas	22 Deli Meats Salad & Soup Bar	23 Beef Stew, Rice, Small Salad & Cornbread	24
25	26 Italian Sausage over Pasta & Small Salad	27 Tuna Salad Sub & Chips	28 Teriyaki Chicken & Fried Rice	29 Taco & Nacho Salad Bar	30 Cheese Burgers & Fries	31

4650 Brooks Street, Montclair, CA 91763
 (909) 624-3555, Ext. 247
 Hours: Monday - Friday
 Breakfast: 7:00am to 10:30am
 Lunch: 11:45am to 1:00pm

Salads are available daily:
 Pre-order by 10:30am to avoid delay.
 Salad orders are subject to produce
 & provisions on hand. Hard boiled eggs
 require a 40 minute pre-order.

Menus are posted online at www.anthesis.us and at Anthesis on program bulletin boards, cafeteria bulletin boards and with all job coaches.