

# the ANTHESIS BULLETIN

DECEMBER, 2019

A MONTHLY UPDATE OF PARTICIPANT HAPPENINGS

## *going out and about look*



### **ADC AT JURUPA HISTORICAL MUSEUM IN RIVERSIDE**

We have nothing but dare devils here at ADC! Oscar R. and his friends went and visited the Jurupa Historical Museum out in Riverside to check out the history and fossils that were found in the area. Tim A. was blown away by how tall the Dinosaur on display was and Kimberly J. and Robert N. faced their fears by being up close next to a furry little tarantula called Larry. Kimberly J. was so happy to conquer her fear that she let everyone know about it too, "It was so big but I was not scared of him!"



Bird is the word! 'RASS participants gathered together at the Magnolia bird farm in Riverside admiring their lovely singing and beautiful colored feathers. They couldn't help but get a closer look! Karilyn B. said, "They are so pretty, I want to take them home." She got the chance to get up close and personal with the beautiful macaws and was absolutely ecstatic.

"Tis the Season to be jolly! We are all so excited for the upcoming holidays here at 'RASS and participated in the Holiday Craft Event in downtown Brea. So many creative crafts and gift ideas had Tina M. excited and ready to start her Christmas shopping. Sharen B. was full of joy and glee for being able to catch a dazzling glimpse of the enchanting Christmas tree. Linda R. exclaimed, "I love Christmas because, I love giving presents!"

Members of IECBS spent Veterans Day at Claremont Memorial Park and had the pleasure of meeting Mayor Corey Calaycay. They were able to join in the celebration to honor America's veterans for their patriotism and sacrifices for our freedom. The event included remarks from members of the American Legion, community officials, and various military ceremonial traditions.

## MEET STUART Y.

**Good morning, Stuart.**

**Why don't you tell us about yourself?** "I have a good sense of humor, I am funny, have a good personality and good behavior."

**How long have you worked at Anthesis?** "I started working at Anthesis since May 1, 2017."

**How do you like working at the Montclair Police Department?** "It is very interesting and I like it a lot."

**What do you do for fun?** "I like to play video games – Mortal Kombat – chess, listen to music, play basketball, bowling and going to the gym."

**Do you have any hobbies?** "My hobby is going for a walk."

**What do you do in your pastime?** "I like going on a hike with my sister and go to the batting cages."

**Is there anything else you would like to share with us about you?** "I like using the computer."

**What are your favorite foods or restaurants?** "I like to eat Mexican food. My favorite restaurants are Pollo Loco, Miguel's Jr. and Sizzler."

**What is your favorite task that you do at work?** "I like mopping, dust mopping, vacuum and taking out trash."



## PERSON-CENTERED THINKING



Person-Centered Thinking is based on supporting and promoting each participant's self reflection, personal insight, creativity and knowledge of a wide range of employment and community opportunities/possibilities through the person centered planning process. We start by focusing on assisting individuals to their unique interests, choices, talents, skills and challenges. We support them to explore and identify employment internship options that match their skills, abilities and interests. Program Participants lead all efforts and the staff's role is to provide guidance when needed. Family, friends and community resources are utilized to generate contacts, connections and supports. Each person's uniqueness, including relevant multi-cultural challenges, is given consideration. Jonathan, Austin and Patrick had established several goals in IECBS based on Person-Centered practices. One of their goals was to fundraise enough money for all three of them to go to Disneyland together. Well, as you can see, they achieved their goal and a great time was had by all. Good job guys!

## WORD SEARCH

E D A M E M O H B D  
 S O C J G H G I D Y  
 V B S M C N R S Z X  
 K E K J I D K T J H  
 M V T L X J L O O J  
 Q C W E M B B R I N  
 V O K Q R V L I I V  
 B P P U Z A Z C D K  
 V J F N H S N A H C  
 F B J Q L U Z L H S  
 G Y I P N U D R G M  
 H N F P F T I Z N U  
 W Y I I G S L M I S  
 D Y M P T F M H K E  
 M P T M P O M A N U  
 E J A Y G O D Y I M  
 F S U O T X H U H R  
 H O B B I E S S T W

BIRD                   HOMEMADE  
 BOWLING            MUSEUM  
 CHRISTMAS          SHOPPING  
 HISTORICAL         THINKING  
 HOBBIES             VETERAN

### *upcoming events*



#### **CHRISTMAS HOLIDAY**

December 24th & 25th  
(programs closed)

#### **NEW YEAR'S HOLIDAY**

January 1, 2020  
(programs closed)

#### **ANNUAL DINNER**

March 27th, 2020  
5:30 p.m. - 10:30 p.m.

### *employment opportunities for Anthesis participants*

#### **THRIFT STORE**

Processing of donations and janitorial duties.

To apply, contact Terri Perkins at (909) 624-3555, ext. 243 or Isabel McDaniel at (909) 624-3555, ext. 266.