

# the ANTHESIS BULLETIN

MARCH 2021

A MONTHLY UPDATE OF PARTICIPANT HAPPENINGS



Happy St. Patrick's Day from the Anthesis Thrift Store! The Thrift Store Crew decorated to celebrate St. Patrick's Day. Sergio A., Steven G., Augusto B., Jacob C., James F. (participants pictured above) and Lupe B. and Crystal T. (instructors pictured above) hung green shamrock décor to bring the festive spirit alive. Holiday decorations make the Thrift Store exciting for customers. Looking good, Thrift Store Crew!

Drop in and shop at the Anthesis Thrift Store

4669 Holt Blvd, Montclair, CA 91763

Open Monday through Friday 7:30AM – 4:00PM



Brenda A. (pictured above) from the Adult Development Center Program created thank you cards for first responders who have been working hard during the pandemic. Brenda delivered the cards to Montclair firefighters for their dedication during this tough time. Way to get creative, Brenda!



Austin L. (pictured above) from the Transition Program is on the road to earning his driver's license. Austin knows getting his license takes hard work, and he is committed to his goal. Recently, Austin received his driver's permit and is now taking behind the wheel driving lessons. Keep it up, Austin!



Sandra C., Kimberly J. and their housemate (pictured above) put in the extra effort to complete their holiday activities. They were unable to join the group Zoom activity, but that did not stop them. Their instructor provided the supplies and directions, so they could still join the fun. That's called taking initiative – great job!

## A FEW WORDS WITH STEVEN B., ADULT DEVELOPMENT CENTER PROGRAM



Thanks for the awesome interview, Steven!

**Q: Tell us about yourself.**

A: Hello, my name is Steven B. and I'm 53 years old today.

**Q: How long have you been part of Anthesis' Adult Development Center Program?**

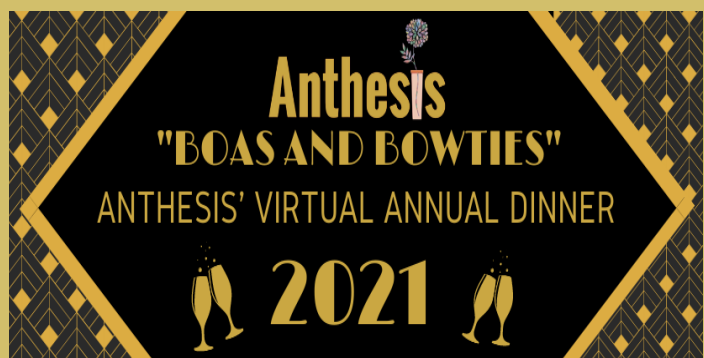
A: I was part of the Work Activity Program and the Transition Program for 23 years and then transitioned to the ADC Program where I have been able to explore new adventure opportunities and work on my goal of getting a job. I am still looking to return to the work force and this program has opened the doors to volunteer locations where I can learn new skills.

**Q: How has Anthesis impacted your life?**

A: The Work Activity Program gave me the chance to earn money to be able to buy my own things. I have been able to meet a lot of instructors who are very helpful and nice to me. The Adult Development Center program also has a lot of community events that I enjoy being able to be part of.

**Q: What has been your favorite thing Anthesis has done for you?**

A: My program was able to take me with a group to Glen Helen Regional Park Large Fishing Lake. Where I learned for the first time how to set bait, work a fishing pole and how to cast a fishing line. I was successfully able to catch a fish on my first fishing trip and was very happy! I did not know how to cook it so I gave it away to my friends but I hope to learn to next time so I can eat it.



**JOIN US FOR THIS EXCITING ONLINE EVENT ON MARCH 26, 2021!**

Support Anthesis and help raise critical funds by joining the Boas and Bowties Virtual Annual Dinner. Purchase a dinner and you can pick-up a to-go meal and themed centerpieces from the Anthesis office to take home and enjoy. Don't forget to check out the opportunity drawing – you could win a round of golf at the Del Mar Country Club or a fun prize basket!

**LEARN MORE AND REGISTER AT ANTHESIS.US**



**JOIN US FOR OUR COMMUNITY MEETING ON ZOOM  
MARCH 17, 2021 | 6PM**

Make sure you wear green!

**Meeting Agenda:**

- Icebreaker/Welcome
- Overview of Person-Centered Thinking Concept
- Future of Anthesis Community Group
- Opportunity drawing

To receive Zoom Meeting ID, please RSVP at [www.anthesis.us](http://www.anthesis.us).  
For questions, please contact Ines at (909) 624-3555 ext. 239 or [ines@anthesis.us](mailto:ines@anthesis.us).

To stay up-to-date on all the exciting happenings at Anthesis, visit [Anthesis.us](http://Anthesis.us), like our Facebook page, follow us on Instagram ([anthesis.us1](https://www.instagram.com/anthesis.us1)), and on LinkedIn.

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