

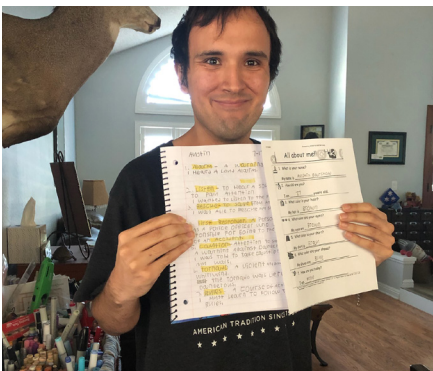
the ANTHESIS BULLETIN

OCTOBER 2020

A MONTHLY UPDATE OF PARTICIPANT HAPPENINGS



The time is finally here for our much anticipated 9th Annual Power of the Flower Virtual Event! As this is our first time doing the event virtually due to COVID, there have been many adjustments being made to maintain the fun and exciting opportunities that our event usually entails. This year, we had our Virtual Run/Walk/Bike Event and a “Zoomba” Zumba event being hosted by Gwen Jones of Treasured Footsteps. Just like past events, there were many opportunities to win fun prizes and share your results using our #PoweroftheFlower2020. We hope you enjoyed our Power of the Flower event and appreciate the support given from our community and individuals who participated in the events.



Coach Jackie made a house delivery to Austin B. who is a member of the Transition Program. His assignments for the week covered communication skills, vocabulary building and self-advocacy. Austin immediately got to work and enjoys receiving the assignments, as well as the time he spends going over the assignments with his Coach. We'll see you soon Austin!



Congratulations to Mitchell! Monday was Mitchell's first day in his new position at Amazon in Chino. Even during the pandemic Mitchell has just kept saying “I want to work”. Well, his self-advocacy paid off and he is officially an employee of Amazon. We are very proud of you, Mitchell!



Coach Vanessa decided Ciara and Carmen needed to move on to some healthier snacks. So this week's cooking session was Peanut Butter Protein Balls. They measured and mixed all the ingredients – minus the vanilla extract - placed the dough in the fridge for 30 minutes and then molded them into delicious healthy snacks. Don't they look delicious!

A FEW WORDS WITH CECE P., SUPPORTIVE EMPLOYMENT PROGRAM



It was great getting to interview you, Cece! Thank you for taking the time to answer some questions.

Q: Tell us about yourself.

A: I'm a good person, friend, daughter.

Q: How long have you been part of Anthesis' Supportive Employment Program?

A: I've been at Anthesis since October 1, 2012.

Q: How has Anthesis impacted your life?

A: I learned a lot. I have gotten experience in customer service, janitorial, kitchen, and hospitality.

Q: What has been your favorite thing Anthesis has done for you?

A: I have job flexibility. I still have time for myself and my hobbies.

Q: What do you like to do on your spare time?

A: Spend time with family and have personal time. I like watching TV and music videos on YouTube. I love the salads at Cheesecake Factory. I am also a designer and DJ. My clothing line is called Gemini Ink.

WE'RE MOVING!

Anthesis

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