

SEPTEMBER, 2020 the ANTHESIS BULLETIN

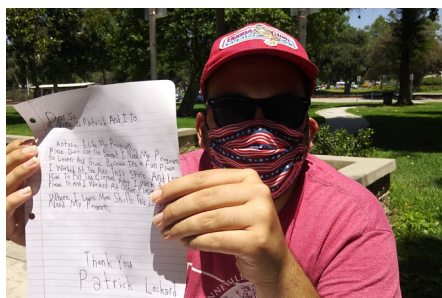
A MONTHLY UPDATE OF PARTICIPANT HAPPENINGS



Anthesis had its first virtual Association Meeting via Zoom and it was a great success with a total of 35 attendees! We had program participant, Tyler B. and his mom, Sylvia tell us about his successful story of obtaining a job before COVID and the journey he has taken since then. Barry Jardini, from the CDSA (California Disability Services Association) informed us on the most recent legislative issues facing Anthesis. Mitch Gariador, our Executive Director, explained the current state of Anthesis during COVID and changes moving forward. We personally invite you to join the Association to support our families, care providers and community members. If interested in becoming a member, please contact Ines Short, Development Manager, at ines@anthesis.us or (909) 624-3555 ext.239.



It is always an exciting day at the Thrift Store when a new donation arrives. Coach Virginia and the participants who work at the store picked up a large donation today. Before the items are loaded onto the truck they are sprayed with disinfectant. Augusto is unloading the truck and will place a 72 hour hold on the donation and will then thoroughly clean each item before being put out on display. Everyone is following the proper protocols to ensure SAFETY FIRST!



Patrick L. is advocating for himself and his program. Self-advocacy is one of the domains of the IEBS/ Transition Program and Patrick is doing just that. Domains, which are the areas in which we base our person-centered activities around, assist coaches with creating activities that help reach our participants goals. He recently wrote a letter to legislators saying "Please do not cut the budget. I need my program." Keep the letters coming, Patrick.



Linda Rodriguez, who has retired in March 2019, continues to be part of Anthesis. Linda has recently donated some very pretty handmade masks to be used for our staff and participants. We are very appreciative of Linda's generous donation and dedication to Anthesis. The masks that she has donated will be used to keep our staff and participants safe while out in the community. Thank you for your generosity, Linda!

A FEW WORDS WITH MIGUEL V.



Thank you for your interview Miguel. It's so great to be able to provide you services!

Q: Miguel, you came to Anthesis on November 11, 2014. What did you do before you came to Anthesis?

A: Miguel V. attend Montclair High School and helped his mother at home with small chores around the house, playing with his cousins and looking for a place to work like Anthesis.

Q: What do you like the most about participating at the ADC?

A: Miguel V. enjoys Fishing with Friends at the Cucamonga Guasti Regional Park with all his friends and he enjoys bowling, but especially loves eating their giant hot pizza at the bowling alley.

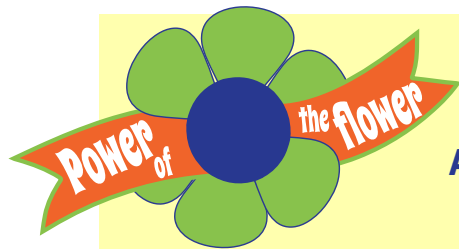
Q: What are your hobbies? What are the things you like to do?

A: I love to go shopping for color pencils and Marvel and Adult coloring books with fun designs. I also love helping out my friends and instructors with shopping for the program like refilling drinks and buy decorations for the parties. I enjoy going on walks where I can see the lakes and animals.

Q: Who are your favorite people?

A: My instructors because they always include me and always find new things for us to do. They took me to Los Angeles county fair, the pumpkin patch, and to see a 300 pound tortuous who lives on the plant sanctuary on the top of the roof at the Highland San Bernardino County Library.

SIGN UP FOR OUR 9TH ANNUAL POWER OF THE FLOWER FUNDRAISING EVENT WEEK



**OCTOBER 5 – 10, 2020
VISIT
ANTHESIS.US TO REGISTER**

SCHEDULE OF EVENTS

OCT. 5-10

Virtual Run / Walk / Bike Event

OCT. 5

“Zoomba” Zumba

9:00 a.m. AND 6:00 p.m.

COSTS

VIRTUAL RUN / WALK / BIKE: \$25

“ZOOMBA” ZOOM: \$5

COUCH POTATO: Free (Don't feel like participating? No problem!)

*Prizes will be awarded for most funds raised and for most miles completed while exercising. Use #PoweroftheFlower2020 to share your photos on social media!

WORD SEARCH

C	V	S	H	D	O	N	O	R
O	P	N	S	L	B	J	Z	U
U	F	E	X	E	R	C	I	S
C	R	I	N	T	Q	T	P	J
H	H	T	A	T	E	S	P	O
P	R	I	Z	E	O	V	X	B
O	O	L	B	R	F	R	B	C
T	U	U	M	D	A	X	A	O
A	O	T	A	G	C	C	L	A
T	A	A	E	K	O	M	A	C
O	A	G	T	V	P	L	K	H
G	G	I	D	B	U	D	G	E
H	V	A	C	Q	N	C	E	D
P	E	U	O	U	M	E	K	S

ADVOCACY
MASK
COUCH POTATO

LETTER
PRIZE
DONATE

EXERCISE
FLOWER
BUDGET
JOB COACH

employment opportunities for Anthesis participants

FSC LIGHTING – 1 OPENING

Assembling of light fixtures and unloading trucks.

To apply, call (909) 624-3555
Terri Perkins, ext. 243 or
Isabel McDaniel, ext. 266.

Visit our website at www.anthesis.us or like us on Facebook (@Anthesis.us) to stay up-to-date on all the exciting happenings at Anthesis.

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