

August 2018



Anthesis

Country Café

Sun	Mon	Tue	Wed	Thu	Fri	Sat
29	30	31	1 Soft Tacos, Rice & Fruit	2 Deli Meats, Salad & Fruit Bar	3 Mozzarella Chicken Over Pasta, Salad & Roll	4
5	6 Chicken Fajitas, Salsa, Rice & Pinto Beans	7 Tuna Sub, Chips & Fruit	8 Kielbasa Sausage, over Rice & Fruit	9 Tostada Bowl Salad & Fruit Bar	10 Cheese- burger, Fries & Fruit	11
12	13 Polish Dogs, Mac Salad & Veggie Sticks	14 Pastrami Sub, Chips & Fruit	15 BBQ Chicken, Beans, Coleslaw & Fruit	16 Chicken Caesar Salad & Fruit Bar	17 Sloppy Joes, Potato Salad & Chips	18
19	20 Teriyaki Stir Fry Chicken, Veggies & Fried Rice	21 Grilled Ham & Cheese on Sourdough, Chips & Fruit	22 Meatloaf, Mashed Potatoes, Sm Salad & Roll	23 Chef Salad Bar & Fruit	24 Chili Dogs & Fries	25
26	27 Wet Red Beef Combo Burrito w/ Fruit	28 Turkey Croissant, Chips & Fruit	29 Tuna Casserole, Salad & Roll	30 Taco & Nacho Salad Bar & Fruit	31 Bacon Mac & Cheese, Salad & Roll	1

4650 Brooks Street, Montclair, CA 91763
 (909) 624-3555, Ext. 247
 Hours: Monday - Friday
 Breakfast: 7:30am to 10:15am
 Lunch: 11:45am to 12:45pm

Salads are available daily:
 Pre-order by 10:30am to avoid delay.
 Salad orders are subject to produce
 & provisions on hand. Hard boiled eggs
 require a 40 minute pre-order.

Menus are posted online at www.anthesis.us and at Anthesis on program bulletin boards and cafeteria bulletin boards.