

# Anthesis *BULLETIN*

A MONTHLY UPDATE OF PARTICIPANT HAPPENINGS



## FEATURING

Day Programs' 4th of July Picnic

Anthesis Staff and Participants Make Emergency Kits

ADC Catrike Day!

Support Anthesis during our Summer Appeal!

Getting to Know An Dinh N. from the Transition Program

## ADC Catrike Day!

ADC participants had a fun and exciting day while riding catrikes around the park! Ever since Let's Trike partnered with Anthesis in our past Run/Walk event, catrikes have been of high interest of many participants. We are excited to announce that we have secured regular rides for the participants to enjoy. Thank you to Let's Trike for partnering with Anthesis!



Safety first! Thank you to the staff and participants who volunteered to put together emergency kits which consisted of emergency food, water, and a blanket. With your help, we can ensure the safety of all our participants and staff while out in the community.

## Day Programs' 4th of July Picnic



To celebrate America's independence, both ADC and RASS programs gathered together at a local park for the 4th of July! The picnic entailed exciting activities, such as crafts, a water balloon toss, and a delicious hot dog lunch. What a better way to celebrate than to be surrounded by your Anthesis community!





# Anthesis JOIN US

in the pursuit of community inclusivity



**Be part of Anthesis' 2022 Summer Appeal! With your support, Anthesis can continue the mission to support independent and inclusive lives for adults with disabilities.**



**Learn more about how you can make a difference by scanning our QR code or visiting us on our website!**

## A FEW WORDS WITH AN DINH N. FROM TRANSITION PROGRAM

**Q: Tell us about yourself.**

**A: Hi my name is An Dinh and I am 48 years old.**

**Q: Where is your favorite place to volunteer at?**

**A: I love volunteering at the Community Center and helping pass out lunches to the senior citizens.**

**Q: If you could tell someone about Anthesis, you would say...**

**A: ...that Anthesis helps me work and volunteer at lots of different places.**

**Q: What is your dream job?**

**A: My dream job is to work at a warehouse.**

**Q: What are fun activities you do while in program?**

**A: I have a lot of fun going swimming at the Santa Fe Dam, going to the movies, bowling, and going to Raging Waters for my birthday.**



**To stay up-to-date on all the exciting happenings at Anthesis, visit [Anthesis.us](https://Anthesis.us), like our Facebook page, follow us on Instagram ([Anthesis.us1](https://www.instagram.com/Anthesis.us1)), and on LinkedIn.**

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