

Q1 2022

ISSUE 01, WINTER

ANTHESIS PRESENTS

INCLUSION MATTERS

A QUARTERLY UPDATE

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OUR MISSION

To support independent and inclusive lives for adults with disabilities through employment and community integration.



Alphonso P. and Austin L., Transition Program

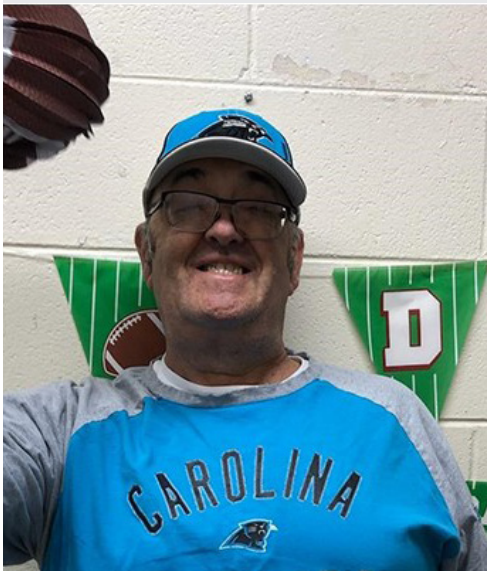
FROM THE DESK OF EXECUTIVE DIRECTOR, MITCH GARIADOR

Another year has come and gone with the COVID-19 pandemic being the most important issue for most of society but certainly for the staff and participants at Anthesis. In 2021, we had to manage through the Delta and Omicron variants, ever changing requirements for vaccines, boosters, quarantining and mask wearing. Our hopes to return to in-person services were dashed more than once as the guidelines precluded it and genuine fear by our participants and their families. 2021 remained anything but normal for the various programs of Anthesis. We can only hope that we can put the virus behind us in 2022 and look forward to hopeful new developments such as the first phase of implementing the Rate Study, increased availability of the Self Determination

Program and continual improvement of our person-centered support for the individuals we serve.

We hope you enjoy reading about Ken S. in our Senior Program and Armando, one of our Program Specialists at the Adult Development Center. We'll share the results of our Year End giving campaigns and thank all of you who made it possible for over 100 participants and staff to watch Snoopy on Ice at Knott's Berry Farm. Many of the individuals would not have been able to attend this without your support. We also invite you to attend our 1st annual Brewabilities Craft Beer Fest at the McCoy Equestrian Center in Chino Hills on Saturday, April 23rd from noon to 5:00 pm. Please watch your emails for further information.

SHOWCASING KEN S., 'ROUND ABOUT SENIOR SERVICES PROGRAM



Ken S. started at Anthesis, then PVW, on February 2, 1982. Anthesis has always been Ken's home away from home and he has been in multiple programs—from starting in the Work Activity Program, to the Supported Employment Program, to now being in the 'Round About Senior Services ('RASS) program. With the assistance of his instructor, Ken has learned to Zoom and he is proud that he has learned to attend Zoom activities on his own which enables him to not miss any activities. Throughout the entire time receiving remote services, Ken maintained his relationships with program friends and even met new friends from the program. Now that in-person services are back, Ken is looking forward to being able to do outings he loves--bowling, visiting museums, doing scavenger hunts, fishing and especially going to the Quakes games. With his commitment to being involved in his community, Ken has remained active with the Fundraising & Service Committees of IE Aktion Club and offers great suggestions and ideas. Ken currently holds the position as the Vice-President for Inland Empire Aktion Club and participates in fundraising and service projects. Ken has had a multifaceted experience while at Anthesis. With providing resources for Ken to grow and experience opportunities to explore all his passions, Ken's ability to share his passions is an inspiration to everyone around him.

YEAR END APPEAL AND GIVING TUESDAY RE-CAP

This holiday season, Anthesis' community rallied together to support Anthesis participants by providing funding for a special holiday outing and ensuring that the Supported Employment Program and other key services at Anthesis can continue. Through your generosity, our year end campaigns raised over \$17,500! This is evidence enough of the greatness we can achieve when our community comes together to give a gift that empowers adults with disabilities to lead fulfilling and independent lives here at Anthesis. Our deepest gratitude to everyone who supported our year-end fundraiser! Thank you!



ANTHESIS KNOTT'S BERRY FARM OUTING



Because of the generosity of our Anthesis community, 101 participants and staff were able to have a day of fun at Knott's Berry Farm. Anthesis participants and staff planned an exciting holiday outing where they were able to go to the Snoopy on Ice Show and enjoy the rides at Knott's Berry Farm. We cannot thank our supporters enough for each and every donation that was made to bring some holiday excitement to participants at Anthesis! We are so grateful for our community's kindness, caring, generosity, and willingness to lift up the spirits of Anthesis' participants by making this holiday season one to remember.

LEGISLATION MATTERS

The services that Anthesis provides are intrinsically dependent on the legislative process at both the State and Federal levels. This is primarily due to the funding that we receive to provide services to intellectually and developmentally disabled (I/DD) adults but goes beyond that by dictating how the services are provided. These regulations and guidelines include Title 17 & 22 of the California Code of Regulations, Home and Community Based Supports (HCBS) of community integration and person-centered thinking philosophy, community integrated employment at minimum wage or higher, community-based supports versus facility-based programs and during the last 2 years an ever-changing array of guidelines to deal with the COVID-19 pandemic. It seems like everything we do has some basis in a legislative act and makes it difficult to maneuver through all the bureaucratic mazes.

Anthesis by itself could never navigate all of this without the support of our advocacy partners. Our management staff spend a great deal of time attending meetings sponsored by DDS, the regional centers, DOR and CCL to help us stay abreast of what is going on but need help at a higher level to advocate for changes and to prevent unwanted legislation from passing.

For that type of support, Anthesis relies on our primary advocacy partner, the California Services Association (CDSA) to monitor the current legislative activity including the annual budget and to lobby directly with legislators. Anthesis along with about 100 other service providers throughout the State pay a membership fee to CDSA for the services they provide. Barry Jardini, Executive Director and the staff at CDSA are very involved in understanding the issues that providers like Anthesis are facing and being where needed. They are accessible to us to answer questions specific to our organization, to represent us when needed with DDS and the regional centers and Barry has provided important training to our board and families when the need for advocacy has arisen.

On a larger scale, CDSA is a member of the Lanterman Coalition which is dedicated to preserving the Lanterman Act and entitlement for the I/DD population of California. There are about 20 other advocacy organizations who belong to this coalition who collectively bring a fair amount of influence on the legislative process in California. CDSA is also a member and participates with national organizations like ACCSES and ANCOR in Washington DC who monitor federal legislation. Together these organizations provide knowledge and influence on the issues that our programs are facing in the legislative process. Last year, the State budget process approved the full funding of the Rate Study over 5 years. This was a remarkable accomplishment but really the work of many years of everyone in our system educating the legislature on the needs of our programs and finally taking action to put into place a new system of funding. Now comes the work of implementing the rates and the first phase is set to start on April 1, 2022. Although this is 9 months after the increase was approved and only 25% of the fully funded rate, it is a wonderful first step to establishing a consistent funding system which has been absent for more than 2 decades for the I/DD system in California. Although we are extremely pleased with this first step, the Lanterman Coalition does not see the need to delay the increases in light of the State budget surplus. They are asking the Governor and legislature to consider advancing the next phase up by one year, to July 1, 2022 which take the rates up to 50% of the fully funded rates. Please keep an eye out for action alerts in the next few weeks as our advocacy partners will begin a grassroots campaign to increase funding for programs like Anthesis in the 2022-23 State budget approval. You can sign up directly with the Lanterman Coalition by visiting thelantermancoalition.org. We need your support!

SPOTLIGHT ON PROGRAM SPECIALIST, ARMANDO RANGEL

Armando Rangel was employed at Anthesis in 2019 and has since made tremendous efforts towards helping our participants in both the 'Round About Senior Services (RASS) and Adult Development Center (ADC) program grow. From first being hired as an Instructor/Senior Companion, Armando was quickly promoted to Program Assistant only 6 months after being hired. Since being promoted, Armando's creativity truly shines. He creates fun and exciting learning opportunities for our participants. Armando enjoys his job because not only is he able to work with participants, but he is able to explore ideas and think outside the box. Throughout ADC and RASS providing remote services, Armando played a significant role in transitioning the day programs to being virtual. With starting (and running) the ADC/RASS Zoom calendar, staff and participants were able to organize their schedules. Because of his amazing efforts, participants were able to continue receiving scheduled programming and opportunities to socialize with their program friends.

Armando's passion and dedication to helping create equal opportunities for adults with intellectual and developmental disabilities has not gone unnoticed. He has proven to be a valuable member of the Anthesis team. Thank you, Armando, for striving to make a difference in the lives of our participants!





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Under the Internal Revenue Code, Section 501(c)(3) Anthesis is classified as a non-profit, public benefit, publicly supported, tax-exempt, charitable organization with nothing given in return for donations.

Empowering Adults with Disabilities to Blossom

CURRENT PROGRAMS:

DAY: *Adult Development Center and
Round About Senior Services*

TRANSITION: *Integrated Employment and Community-
Based Supports*

PLACEMENT: *Employment Placement Services*

SUPPORTED EMPLOYMENT: *Individuals and group*

Get in Touch

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TICKETS ON SALE NOW!

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Tickets:
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Day Of

BREWABILITIES
PRESENTED BY
Anthesis
CRAFT BEER FESTIVAL

April 23, 2022
12PM-5PM

Proceeds benefiting adults with disabilities

**Don't miss out on Anthesis' Brewabilities Craft Beer
Festival with all proceeds benefiting our programs!**

For more info and to register visit:

<https://anthesis.us/event/2022-brewabilities/>