

# September 2018

**Anthesis**

## Country Café

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3 <b>Labor Day</b>	4 <b>Chicken Croissant, Chips &amp; Fruit</b>	5 <b>Potato &amp; Beef Taquitos, Rice, Chips &amp; Salsa</b>	6 <b>Baked Potato Salad Bar &amp; Fruit</b>	7 <b>Polish Sausage Dogs w/ Peppers &amp; Onions, Potato Salad &amp; Fruit</b>	8
9	10 <b>Chicken Fajitas, Rice, Beans &amp; Corn Tortillas</b>	11 <b>Grilled Ham &amp; Swiss on Sour Dough, Fruit &amp; Chips</b>	12 <b>Cheese Enchiladas &amp; Beans</b>	13 <b>Egg &amp; Chicken Salad Scoop on Lettuce, Crackers &amp; Pasta Salad</b>	14 <b>Cheeseburger, Fries &amp; Apple Coleslaw</b>	15
16	17 <b>Cheesy Tuna Casserole, Salad &amp; Roll</b>	18 <b>Meatball Sub, Chips &amp; Fruit</b>	19 <b>Kielbasa Sausage w/ Peppers &amp; Onions, Rice &amp; Fruit</b>	20 <b>Taco &amp; Nacho Salad Bar &amp; Fruit</b>	21 <b>Roasted Turkey Hot Sandwich, Mashed Potatoes &amp; Salad</b>	22
23	24 <b>Green Wet Burritos &amp; Spanish Rice</b>	25 <b>Pastrami Sub, Chips &amp; Fruit</b>	26 <b>Grilled Teriyaki Chicken &amp; Fried Rice</b>	27 <b>Beef Tostada Salad Bowl &amp; Fruit</b>	28 <b>Spaghetti, Salad &amp; Roll</b>	29
30	1	2	3	4	5	6

4650 Brooks Street, Montclair, CA 91763  
 (909) 624-3555, Ext. 247  
 Hours: Monday - Friday  
 Breakfast: 7:30am to 10:15am  
 Lunch: 11:45am to 12:45pm

Salads are available daily:  
 Pre-order by 10:30am to avoid delay.  
 Salad orders are subject to produce  
 & provisions on hand. Hard boiled eggs  
 require a 40 minute pre-order.

Menus are posted online at [www.anthesis.us](http://www.anthesis.us) and at Anthesis on program bulletin boards and cafeteria bulletin boards.